
Peter Glynn

Peter Glynn dedicated his entire career to public service. He initially served as a civil engineer in the army before transitioning to roles in post-secondary education in Ontario and Saskatchewan. Ultimately, he concluded his professional journey in the healthcare sector, where he held the position of President and CEO at Kingston General Hospital.

He now serves the public as a volunteer, not only for Loving Spoonful but also Martha's Table, Food Share and Trellis HIV and Community Care.

"You are doing something to help people, getting them the food, they need. There are two things, housing, and food. Housing is more complicated than food and with organizations like Loving Spoonful and Martha's Table, the infrastructure is already in place. What they need is volunteers to get the food from there to the individual. Every person says thank you.

You have single moms with a couple of kids, to older and younger individuals alike."

Prior to taking on the role of a volunteer driver, Peter dedicated numerous years to serving on the board of directors for various organizations, including the local mental health board.

"Boards are important, you get to guide the organization, but you don't get to do anything. The fun part is doing the work. And I love to drive, I just like moving."

Each Tuesday, Peter heads to Patchwork Gardens to collect vegetables and subsequently transports the produce to the warehouse for distribution to local food stands.

"What's most heartwarming, and Patchwork's is a good example, is the experience we had the other day when my wife and I picked up around 200 pounds of potatoes and carrots. They just kept coming. I couldn't help but think, 'Oh my God, you're giving all of this away.' It's not just Patchwork Gardens; there are other farms doing the same—generously giving away all this food!"

The volunteer work is not a disruption. You have a reason to get up in the morning, you have something to do, something on your calendar, you don't have to think about that.

You have something to do that is helping people get enough food."